

## SERVICE UNITS

### The Friends of Scouting Jockey Club Long Ping Service Centre for Children & Youth

Address | Podium, Units 216-225, Hor Ping House,  
Long Ping Estate, Yuen Long, Hong Kong.  
Telephone | 2475 5441  
Fax | 3005 4922  
Email | admin@foslpit.org  
Website | http://www.foslpit.org



### The Friends of Scouting Jockey Club Kai Yip Service Centre for Children & Youth

Address | G/F, Units 14-27m, Kai Cheung House,  
Kai Yip Estate, Kowloon Bay, Hong Kong.  
Telephone | 2754 9561  
Fax | 2756 4413  
Email | kyadmin@sahkfos.org  
Website | http://www.kyit.sahkfos.org



## PROGRAMME CONTENT

- Adventure training
- Self-awareness
- Interest in learning
- Case counselling
- Volunteer training
- Parents and students interact with each other

## THIS PROGRAMME IS FOR

Ethnic-minority secondary school students aged 11-15 who attend school on an irregular basis/ dropped out of school/ have adjustment problems into mainstream education system / have inadequate family support / social and emotional difficulties.

## ENROLLMENT

Referred by school/ the Education Bureau/ welfare agencies. Participants should pass the interview.

\*\*Application is accepted all year round.\*\*

\*\*Course will be depended on the actual registration situation.  
Enquiries about the scheme can be directed to 27549561 or 2475 5441.\*\*

The Hong Kong Jockey Club Community Project Grant

## KNOW THE FUTURE

NON-ENGAGED YOUTH COUNSELLING SCHEME

YOUTH VER.

### INTRODUCTION

The programme is designed for ethnic-minority secondary school students aged 11-15 who attended school on an irregular basis. During this short-term training, participants will experience into five core services which are Adventure Training, Skills Training, Dream Programmes, Parents Services and Alumni Club.

## AIMS OF THE PROGRAMME

To equip participants with a range of skills, assist them in setting up personal goals, improve their social skills, enhance their self-understanding and self-efficacy and to prepare them for challenges in their life planning by providing them with opportunities to engage in a range of constructive activities.

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The Hong Kong Jockey Club Charities Trust  
同心 同步 同進 RIDING HIGH TOGETHER

# COURSE CONTENT

The project is divided into two phases, and participants must complete the first phase of the course and meet the course requirements in order to graduate.

## THE FIRST PHASE (8 WEEKS)

Provide diverse and interesting activities for students to have a positive life planning.

“ Provide diverse and interesting activities for students to have a positive life planning. ”

### Adventure Training



- Adventure training and challenging activities
- Climbing sports
- War game, etc

### Skills Training

- Chinese classes
- Explore interest-oriented occupations, such as coffee making, hair style design



### Dream Programmes

- Workplace visit or current employees sharing
- Movies and workplace sharing
- Volunteer training and services in the society.



### Parents Services

- Interactive activities to understand the education and employment situation in Hong Kong.
- Parent-child communication activities
- Parenting skills group

### Case Consultation

- Case counselling regularly during the course

## THE SECOND PHASE (12-16 WEEKS)

“ After completing the first phase of training, in addition to returning to school or enrolling in alternative courses, the programme will provide graduates with regular activities and extended skills training to maintain their motivation to learn. ”

### Alumni Club

- Mutual assistance group
- Peer activities with local youth
- Chinese strengthening class

### Case Consultation

Regular following meetings with parents and child.

